

ALF - Blonde Brownie Mix

# Nutrition Facts

Serving Size 21.24g (dry mix)

Serving Per Container 16

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**Amount Per Serving**

**Calories** 70      Calories from Fat 0

% Daily Value \*

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**Total Fat** 0g      **0%**

Saturated Fat 0g      **0%**

Trans Fat 0g

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**Cholesterol** 0mg      **0%**

**Sodium** 132mg      **6%**

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**Total Carbohydrate** 18g      **6%**

Dietary Fiber 1g      **3%**

Sugars 11g

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**Protein** 1g

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Vitamin A 0%      Vitamin C 0%

Calcium 0%      Iron 6%

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\*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.