

Eco-Cuisine "Chicken Style" Quick Mix

# Nutrition Facts

115 servings per container

**Serving size** (40g)

**Amount Per Serving**

**Calories** **150**

**% Daily Value\***

**Total Fat** 1.5g **2%**

Saturated Fat 0g **0%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 320mg **14%**

**Total Carbohydrate** 10g **4%**

Dietary Fiber 2g **7%**

Total Sugars 1g

Includes 0g Added Sugars **0%**

**Protein** 24g

Vitamin D 0mcg **0%**

Calcium 84mg **6%**

Iron 2mg **10%**

Potassium 574mg **10%**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.